



“Let your light shine brightly.”

Matthew 5:16

Personal, Social, Health and Citizenship Education (PSHCE) Policy

Incorporating:

- Circle Time
- Fundamental British Values
- Courageous Advocacy
- SEAL

Policy accepted by SLT on:	<i>8/7/2019</i>
Next review:	<i>Summer 2022</i>
Signed (Headteacher):	<i>R. Kaye</i>
Statutory policy: <i>Yes/No</i> On school website: <i>Yes/No</i>	

PERSONAL, SOCIAL, HEALTH AND CITIZENSHIP EDUCATION (PSHCE) POLICY

1. Our school vision

At Christ Church, we aim to provide a safe, nurturing environment and a rich variety of experiences so that all pupils are able to flourish and discover their unique strengths and talents. Our mission is to enable every child to enjoy a life filled with meaning and purpose, underpinned by Christian values, a love of learning and an eagerness to make the world a better place. Our culture of inclusion is summed up by our school vision:

We want Christ Church to be a shining example of Jesus' love and kindness. We are an inclusive Christian learning community where everyone is welcome and valued, and all are inspired to be the best they can be. We want all children to thrive and flourish in every way, developing a love of learning, discovering their unique strengths and talents, and growing in character and confidence so that their light shines brightly for all to see.

Christ Church's school vision is consistent with the *Church of England Vision for Education: Deeply Christian, Serving the Common Good* (2016) which says: "[The Church of England's] vision for education can still be expressed and promoted as one of human flourishing that can inspire what the school is and does. The vision is deeply Christian, with the promise by Jesus of 'life in all its fullness' at its heart." (p.3)

"Human flourishing" is the Christian idea that all people should be encouraged and supported to fully develop their identity, character, gifts and talents within a moral framework in order to promote their own health and happiness by engendering a sense of purpose and fulfilment; serve their fellow human beings and contribute to society, thus enhancing the health and happiness of others (being a "good neighbour"); and bring honour and glory to God by making good moral choices.

We are committed to ensuring equality of education and opportunity for all pupils regardless of age, ethnicity, nationality or national origin, language, religion or belief, culture, gender identity, sexuality, (dis)ability, special educational needs, socio-economic background or (dis)advantage.

At Christ Church, we recognise that Personal, Social, Health and Citizenship Education (PSHCE) plays an important part in fulfilling this aspiration.

2. Aims of PSHCE

(i) The development of positive personal identity

Objectives:

- The enhancement of self-esteem and confidence.
- The development of independence.
- The ability to make informed choices and decisions.

- The acceptance of responsibility for one's own actions.
- The development of resilience and risk-taking.
- The ability to deal with transition and cope with disappointment.
- The development of spirituality.

(ii) The development of positive social interaction

Objectives:

- The development of good relationships characterised by mutual respect and tolerance.
- The development of cooperative skills and the ability to be part of a team.
- The development of social awareness and a sense of fairness and justice.
- The development of healthy lifestyles.

(iii) The development of positive values – incl. Fundamental British Values (FBVs)

We provide opportunities for children to:

- relate the teaching of Jesus and the school's six core Christian values (Kindness, Courage, Respect, Responsibility, Perseverance and Forgiveness) to their own life, choices and priorities.
- respect others, share ideas and make choices (FBV: **democracy**)
- follow rules and accept consequences (FBV: **the rule of law**)
- be themselves and develop their own identity, interests, gifts and talents (FBV: **individual liberty**)
- meet, welcome and learn about and from people with different faiths and beliefs (FBV: **mutual respect for and tolerance** of those with different faiths and beliefs, and for those without faith)

3. PSHCE development in school

This will fall within three main areas:

(a) Personal, Social, Health and Citizenship Education curriculum

- Self-esteem
- Group work
- Decision-making
- Cooperation
- Beliefs and values

(b) Teaching and learning

- Group work and team-building activities
- Self-esteem
- Rewards and sanctions
- Developing enquiry
- Independence in learning
- Communication
- Expectations

(c) Whole school

- Christ Church's vision and values
- Relationships within school/home and the wider community
- Playground/recreational activities (after school and lunchtime clubs)
- Positive work ethic
- Pupil participation
- Physical environment
- Nurture Group
- Inter-agency working

4. SEAL and Circle Time

At Christ Church, we follow the SEAL (Social and Emotional Aspects of Learning) Programme. The scheme is expanded through both Religious Education (RE) teaching and Circle Time, focusing on self-esteem, enabling all children to raise and talk about issues important to them, in an atmosphere of trust and support. SEAL offers a whole framework for promoting social and emotional literacy, supporting children with:

- social awareness
- managing their feelings
- motivation
- empathy
- social interactions.

The framework is divided into seven themes to be covered within a school year:

- New beginnings
- Getting on and falling out
- Say "no" to bullying
- Going for goals
- Good to be me
- Relationships
- Changes

Used as a whole-school, cross-curricular approach, SEAL aims to help children become successful learners, responsible citizens, and confident individuals. At Christ Church, PSHCE will occur within the following contexts:

- Self – mental and physical
- Family
- Friends
- Community – school, home, etc.
- Work/roles
- Leisure
- Environment, including the development of a Forest School
- Society – codes of behaviour, structure, rights and responsibilities
- Beliefs/religion

5. **Courageous advocacy**

At Christ Church we encourage children to:

- see themselves as global neighbours and courageous advocates (see Appendix A);
- be good role models, especially to younger pupils;
- be kind, considerate and compassionate towards others;
- help those less fortunate and weaker than themselves;
- take personal responsibility for their own thoughts, words and actions;
- be honest;
- keep promises;
- respect the rights and property of others;
- be self-disciplined;
- demonstrate focus, resilience and perseverance;
- work hard;
- take pride in their own achievements and celebrate the achievements of others.

We promote courageous advocacy (“being brave”, “speaking up” and “making good choices”) within PSHCE lessons, Circle Times and assemblies/Collective Worship.

Courageous advocacy is at the heart of school life, running like a “golden thread” through all that we do. As such, it is evidenced in the following school documents:

- Collective Worship Policy
- Personal, Social, Health and Citizenship Education (PSHCE) Policy
- Relationships, Sex and Health Education (RSHE) Policy
- Religious Education (RE) Policy
- Spiritual, Moral, Social and Cultural Development (SMSCD) Policy

6. **Relationships, Sex and Health Education**

Whilst some aspects of Relationships, Sex and Health Education (RSHE) are taught in PSHCE lessons, other aspects of RSHE are addressed within Science and Religious Education (RE) lessons. (See Christ Church’s RSHE Policy for details.)

7. **The role of the PSHCE Leader**

It is the responsibility of the PSHCE Leader to ensure all teachers aware of this policy and able to plan and teach lessons accordingly.

8. **Policy review**

This policy will be reviewed every three years by the PSHCE Leader.

APPENDIX A: BEING “GLOBAL NEIGHBOURS”/“COURAGEOUS ADVOCATES”

A “golden thread” that runs through all we do

The 2018 SIAMS (Statutory Inspection of Anglican and Methodist Schools) inspection framework explores how Church schools can encourage and model “courageous advocacy”.

At Christ Church, we promote responsible citizenship, global neighbourliness and courageous advocacy in the following ways:

For children, this means identifying and challenging unfairness.

At Christ Church, children are expected to respond when they see another child being left out of games or treated unfairly. They are encouraged to speak out about bullying and discrimination; like the Good Samaritan, they will want to take action to deal with a local, national or global issue.

For adults (parents and school staff) this will involve supporting the children in their courageous advocacy.

At Christ Church, we educate children about issues they might otherwise be unaware of. Adults model how we respond to issues within a free, democratic society. This may involve raising awareness within school, changing priorities or policies within school, writing letters to people in authority and fundraising to support the work of a campaigning organisation.

For school leaders and governors this includes taking brave strategic decisions based on what is right and in line with the school’s Christian vision, mission and values, rather than what is easiest or most beneficial for the school in the short term.

At Christ Church, leaders welcome children with special educational needs and build strong links with Gypsy and Traveller communities. As a matter of both policy and principle, we aim to keep children with behavioural needs in school rather than excluding them.

At Christ Church, we openly and enthusiastically welcome children and families, *especially* when we believe they will push the school’s key data for attendance or pupil outcomes in the wrong direction! Christ Church rolls out the red carpet for families who have felt misunderstood, mistreated and marginalised elsewhere. Christ Church has been certified by the equality charity Stonewall (www.stonewall.org.uk) as a “School Champion” in recognition of the school’s ongoing work to reject all forms of prejudice and discrimination, and promote dignity, diversity, respect and tolerance instead.